

# OPEN GYM



Brush up on your gymnastics skills or see what skills you can achieve! Open gym is for anyone between the



ages of 8-21, whether you are a beginner or have some gymnastics experience.

This is an open gym format; there will only be LIGHT spotting. Coaches will be on

the floor at all times. A waiver form must be signed by each person. Anyone under 18 must have a parent sign the form. Come join the fun!

**Date: Friday, September 8**

**Friday, September 15**

**Friday, September 22**

**Time: 6:00pm - 8:00pm**

**Cost: \$5.00 per participant per session**

**Ormond Beach Gymnastics Center  
432 North Nova Road  
Ormond Beach, FL 32174**

**For registration,  
please contact:**

City of Ormond Beach  
Department of Leisure Services  
399 North US 1  
Ormond Beach, FL 32174  
(386) 676-3250

