

OPEN GYM



Brush up on your gymnastics skills or see what skills you can achieve! Open gym is for anyone between the



ages of 8-21, whether you are a beginner or have some gymnastics experience.

This is an open gym format; there will only be LIGHT spotting. Coaches will be on

the floor at all times. A waiver form must be signed by each person. Anyone under 18 must have a parent sign the form. Come join the fun!

Date: Friday, July 7

Friday, July 14

Friday, July 21

Time: 6:00pm - 8:00pm

Cost: \$5.00 per participant per session

**Ormond Beach Gymnastics Center
432 North Nova Road
Ormond Beach, FL 32174**

**For registration,
please contact:**

**City of Ormond Beach
Department of Leisure Services
399 North US 1
Ormond Beach, FL 32174
(386) 676-3250**

