



City of Ormond Beach

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Press Release:
April 1, 2009

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JUDO CLASSES

Beginning on Monday, April 6, 2009, a new session of Judo classes begin. These classes have been offered since 1971. The class is led by Horan Instructors which has over 100 years in total experience. The classes last for eight weeks and are held at the **Ormond Beach Senior Center Ballroom, 351 Andrews Street**, Ormond Beach. Classes meet at **7:00 p.m. on Monday**. The cost is \$35.20 for the eight week period. You are invited to try a free class and see if you like it. You will learn self defense Judo, stay fit, have fun and meet new friends. The class is for teens and adults. There will be no falls or throws.

Directions to the Senior Center Ballroom:

- Take U.S. #1 north of Granada Blvd. (SR 40);
- Take a right at the first light is at Wilmette Avenue;
- Take the first left onto Andrews Street;
- Right before the next block, take a right into the parking lot; and,
- Follow the parking lot to the back of the building and you will reach the ballroom.

If you have any questions, or would like additional information, please contact the Leisure Services at (386) 676-3256.

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